



Special Offer

Buy 5 treatments in advance and get the 6th treatment free.

Payment

Cash/cheque or BACS transfer (BACS payment required in advance:
Sort Code 09-01-28 Account Number 01639639).

Gift vouchers available.

Groups

Rachel can travel for groups or parties. Please get in touch for more information.

Rachel is a fully qualified holistic therapist and works from her therapy studio at home in Mossley.

Rachel's Qualifications

Diploma in Natural Facelift Massage from London Centre of Indian Champissage International.

Qualification in Natural Facial endorsed by Complementary Medical Association & Complementary Therapists Association.

Level 3 VTCT Diplomas in Swedish Massage and Indian Head Massage.

Contact Rachel on:

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OL5 9NY



These therapies should not be used in place of medical care. Always consult your GP or health professional for medical care or advice.

Natural Facelift Massage and Holistic Therapies



...bring harmony into your life

In Harmony Therapies offers Natural Facelift Massage & Holistic Therapies to help you look great and balance your body and mind – in a natural way.

Testimonial

'After Rachel and I had chatted about Natural Facelift Massage, I couldn't wait for my treatment and was genuinely intrigued about a treatment that offers so much. I wasn't disappointed! Rachel put me at complete ease and was extremely professional throughout. I couldn't believe that she was only using the pads of her hands at one point. The difference to my face was immediate, Rachel showed me the 'lifted' side of my face and I couldn't believe the change. My skin and face felt tighter and my husband said that I looked as if I had had my face 'ironed.' Believe me this is a compliment from him! I would thoroughly recommend the treatment and, in particular, Rachel Wayte. Her passion for this treatment is both evident and infectious! Thank you.'

Lauren, Make-up Artist, Denshaw

Let your inner radiance shine through:

Natural Facelift Massage

Through a combination of gentle massage of the face, lymphatic drainage and energy balancing, the facial muscles are lifted and given a new lease of life to make you look younger. Wrinkles and expression lines are softened and puffiness is reduced creating a glowing, healthier look. This treatment also calms your mind and relaxes your body to leave you refreshed and rejuvenated.

1 hour - £30

Natural Facial

Improve the health and feel of your skin with a natural facial. This relaxing treatment combines facial massage techniques with the use of natural oils, flower waters and facemasks. Your skin is cleansed, toned, moisturised and nourished to give you a vibrant, radiant look.

1 hour - £35

Luxury Facial

A luxury facial combines a natural facial with the natural facelift massage so you can benefit from both treatments - a lovely treat for you or an ideal gift for someone special.

1 and a half hours - £50

Ease away tension:

Swedish Massage

Swedish massage is the best known type of massage. It uses firm but gentle pressure to relax you, improve circulation, ease muscle tension and relieve stress. It comes as a full body massage covering the back, shoulders, arms, legs, neck and face, or simply for back, shoulders and neck.

Full body 1 hour - £30. Back, neck & shoulders 40 minutes - £25

Indian Head Massage

Indian Head Massage includes massage of the shoulders, upper arms and neck as well as the scalp, face and ears. It is based on the traditional form of head massage practised in India for over 1,000 years. This treatment soothes and rebalances your energy flow, giving you a deep sense of peace, calm and tranquillity.

1 hour - £30

